

## Saugeen Track and Field Club Records

### Senior Records

Event	Name	Time/Dist	Yr/Venue	Name	Time/Dist.	Yr/Venue
100m	J. Wood	12.20	Ottawa	S. Mooney	11.	1989/Kitch.
200m	D. Duprey	23.89	1993	A. Kunkel	21.12	2001/Mt.Sac
400m	D. Duprey	53.64	1993	T.Middelkoop	48.0	1993/Etob
800m	J. Wood	2:03	1989/Ott.	T.Middelkoop	1:48.06	1993/Vanc
1500m	P. Kuntz	4:35	1995/Fla	K. Benninger	3:38.03	2008/Switzerland
Mile				K. Benninger	3:56.99	2008/Falmouth
3000m	P. Kuntz	9:33	1995/Al.	K. Benninger	7:52.28	2006/N.Dame
5000m	P. Kuntz	16:33	1995/Al	K.Benninger	13:30.27	2009/Cal.
10000m	P. Kuntz	35:38	1997/Miss	J. Weppler	30:21.5	2007/Ottawa
100mH	D.Duprey	13.08	1994			
110mH				L. McDowell	14.68	2001/Texas
400mH	D. Duprey	55.10	1994	A. Kunkel	49.49	2003/Iowa
3000m s/c				S. Gerth	8:53	2003/Ohio
Long Jump	D. Duprey	5.58	1987/York	L. McDowell	7.11	2001/Texas
Triple Jump	K. Dinsmore	12.99	1993/York	C. Walters	14.05	1986
High Jump	D. Pegg	1.70	1984/London	L. McDowell	2.13	1999/Sarnia
Javelin	C. Coker	50.04	1986/Texas	B.Millar	61.67	2008/Philadelphia
Shot Put	T. Young	13.86	2002/Louisville	A. Turland	15.82	2007/Ohio
Discus				A. Turland	61.47	2008/California
Hammer	L.Evans	39.12	2001/Ottawa	B.Millar	66.19	2010/Chicago
Weight				A. Turland	21.03	2007/Indiana
Pole Vault				L. McDowell	4.50	2001/Texas
Heptathlon	D.Duprey	5100+TBR	1989/Fla			
Decathlon				L. McDowell	7473	2001/Texas
JavelinSDO				A. Shaw	37.65	2002/Burlington