

Saugeen Track and Field Club Records 17 year olds

Event	Name	Time/Dist.	Yr/Venue	Name	Time/Dist	Yr/Venue
100m	D. Duprey	12.0	1984/London	L. Card	10.91	1997/Windsor
200m	D. Duprey	25.28	1985/Brantford	L. Card	21.87	1997/Etobicoke
400m	C. Courtney	56.96	1993/York	L. Card	47.63	1997/Kitchener
800m	P. Kuntz	2:17	1991/Kinc.	T.Middelkoop	1:53.72	1990/London
1500m	J. Martin	4:33.96	1996/Sudbury	K. Benninger	3:52.46	2002/Ottawa
Mile	H. Stroeder	5:12.60	2004/Cambridge			
3000m	J. Martin	9:50.89	1996/Kitchener	K. Benninger	8:27.94	2002/Etobicoke
5000m	H. Stroeder	18:07 (R) 18:08 (T)	2004 / Toronto	K. Benninger	15:03.19	2002/Ottawa
10000m	P. Kuntz	38:14	1991/Kitchener	D. Scarrow	32:50 (R)	1986/Kitchener
100mH	D. Duprey	14.11	1984/Mtl	M. Cardy	13.9	1988/Kitchener
				A. Kunkel	13.98	1998/BC
110mH	D. Duprey	11.25 (80mH)	1984/Kitchener	A. Kunkel	14.33	1998/Sarnia
300mH	M. Colley	44.31	1989/Etobicoke	A. Kunkel	38.45	1998/Sarnia
400mH	D. Duprey	59.06	1984/Man.	T.Middelkoop	54.90	1990/Kitchener
1500m s/c	L. Hodgson	5:28.25	2008/York	C. Scarrow	4:33	1986
2000m s/c	K. McCormack	8:04	1997/Sudbury	J. Collison	6:09.88	2008/Sherbrooke
3000m s/c				J. Collison	9:38.34	2008/Ottawa
Long Jump	D. Duprey	5.36	1984	L. Johnston	6.85	1996/Windsor
Triple Jump	K. Dinsmore	11.60	1989/York	I. Janssen	13.40	1990/Etobicoke
High Jump	R.Rudell	1.73	2008/Kitchener	P.O'Donaghue	2.10	1986/Ottawa
Javelin	T. Young	38.42	1995/Kitchener	M. West	59.65(700g)	2010/Toronto
				R. Edwards	59.10(800g)	2000/Calgary
Shot Put	L. Evans	12.58	1998/Guelph	K. Bowman	16.28(5k)	2010/Guelph
				K. Bowman	16.69(5.45k)	2010/Port Elgin
				K. Bowman	14.39 (6k)	2010/Toronto
Discus	K. Gibbons	42.31	2012/Clinton	K. Bowman	48.36(1.5k)	2010/Guelph
				A. Turland	49.10(1.62k)	1999/Kincardine
Hammer	C. Eckensweiler	37.17	2007/Ottawa	A. Turland	53.06(5.45k)	1999/Kincardine
				K. Bowman	60.87(5k)	2010/Guelph
				K. Bowman	60.72(6k)	2010/Moncton
Weight Throw	C. Bailey	10.95	2005/London	K. Bowman	21.55(9.08k)	2010/Guelph
				A. Pilar	18.58(25lb)	2008/London
Pole Vault				M. Cardy	3.85	1988/Kitchener
Heptathlon	R. Rudell	4597	2008/Kitchener			
Octathlon				M. West	5394	2010/Toronto
4x800m	Green, Rudell, Hunter, Hodgson	10:08.	2008/York	Collison, McNulty, Porter, Fawcett	8:24.98	2008/York