

## Saugeen Track and Field Club Records 16 year olds

Event	Name	Time/Dist	Yr/Venue	Name	Time/Dist	Yr/Venue
100m	D.Duprey	12.00	1983	P. Ponomaryov	11.8	2007/Kinc.
200m	D.Duprey	25.6	1983/London	L. Card	22.71	1996/Brantfrd.
400m	D.Duprey	56.26	1983/Sud	L. Card	49.57	1996/Sudbury
800m	S. Gribbons	2:15.68	2004/Etob	M. Thorson	1:57.27	1997/Hamilton
1500m	S. Gribbons	4:32.6	2004/Guelph	K. Benninger	3:59.46	2001/Hamilton
Mile	S. Gribbons	5:12.03	2004/Cambr			
3000m	P. Kuntz	10:15.0	1990/Etob	K. Benninger	8:35.87	2001/Sarnia
5000m	S. Gribbons	18:22 R	2004/Lond	K. Benninger	16:01	2001/London
10000m	P. Kuntz	39:53	1990/Kitch	D. Scarrow	34:13 (R)	1985/Kitch.
100mH	D.Duprey	14.4	1983/Sud.	11.49(80mH)		
110mH				A. Kunkel	14.9	1997/Kitch.
300mH	D. Duprey	43.2	1983/Lond.	T.Middlekoop	40.3	1989/Hamilton
400mH	D. Duprey	1:01.16	1983/Ottawa			
1500s/c	L. Hodgson	5:43.57	2007/TO	C. Clayton	4:37.87	1986/Burl.
2000ms/c	L. Misch	7:44.88	1997/Sud.			
Long Jump	A. Morrow	5.52	2012/York	P. O'Donaghue	6.75	1985/Wind
Triple Jump	K. Smith	10.59	2009/London	L. Johnston	11.78	1995/York
High Jump	R. Rudell	1.73	2007/Ottawa	M. West	1.97	2009/London
Javelin	P.Robinson	40.96	1985	A.Turland	51.46 (800g)	1998/York
				B.Millar	51.30 (700g)	2003/Lond
				M. West	52.71 (600g)	2009/Kinc.
Shot Put	L. Evans	12.14	1997/Nfld	K. Bowman	16.81(4kg)	2009/Clinton
				A. Pilar	15.47(5k)	2007/York
Discus	K. Gribbons	39.75	2011/Toronto	B. Millar	40.59(1.6k)	2003/Kitch
				K. Bowman	43.38(1.5k)	2009/Windsor
				K. Bowman	57.18(1.0k)	2009/London
Hammer	T. Velickovic	38.35	2011/Ottawa	A.Turland	43.88(12lb)	1998/BC
				K. Bowman	62.50(5k)	2009/Quebec
Pentathlon	A. Morrow	3292	2012/York			
Heptathlon	R. Rudell	4320	2007/York			
Octathlon				M. West	4759	2009/London
Weight Throw	T. Velickovic	10.10	2011/London	J. Archer	15.04	2004/Lon.