

STFC Jump Top Ten Lists – Updated July 27, 2011

MEN

Long Jump

Lyndon McDowell	7.12	Minnesota	2002
Livy Johnston	6.85	Windsor	1996
Pat O'Donaghue	6.75	Windsor	1985
Kevin White	6.70	Indiana	1982
Mat West	6.52	Winnipeg	2011
Keith Kunkel	6.21	Ottawa	2001
Barry McLaughlin	6.20	Guelph	1999
Brendan Rea	6.10	London	2004
Mike Middleboro	6.08	UWO	1995
Dan Loosemore	6.06	Kitchener	1987

Triple Jump

Kevin White	14.56	Kitchener	1982
Calvert Walters	14.10	Sudbury	1986
Ian Janssen	13.40	Etobicoke	1990
Livy Johnston	12.93	Kincardine	1996
Barry McLaughlin	12.85	Sarnia	1998
Alex Gebhardt	12.61	York	2011
Dan Loosemore	12.50	York	1988
Tyrell Smith	12.46	London	2010
Adam Kunkel	12.45	Windsor	1998
Ian Galloway	12.40	Kitchener	1989

High Jump

Pat O'Donaghue	2.14	Edmonton	1987
Lyndon McDowell	2.13	Sarnia	1999
Drew White	2.08	Calgary	2001
Mat West	1.97	London	2009
Ryan Scott	1.96	Sarnia	2001
Steve McKague	1.95	York	1987
Barry McLaughlin	1.90	Windsor	1997
Cory Lachlan	1.90	Juv-Sr's	1994
Jason Lash	1.86	Kincardine	1990
Mike Middleboro	1.85	York	1995

Pole Vault

Lyndon McDowell	4.50	Texas	2001
Pat O'Donaghue	4.25	Toronto	1989
Mike Cardy	4.00	Hamilton	1989
Mat West	3.50	Miramar	2011
RichardMenheniotte	3.15	OFSAA	1983
Livy Johnston	2.93	Kincardine	1996
Nathan Draper	2.90		1991
Arthur Turland	2.90	Kitchener	1997

Disabled

Long jump

Rick Carr	5.29	London	2006
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High Jump

Rick Carr	1.60	London	2008
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Triple Jump

Rick Carr	10.90	Guelph	2007
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WOMEN

Long Jump

Donalda Duprey	5.70	Michigan	1985
Nina Gruter	5.36	Windsor	1988
Alex Morrow	5.23	Toronto	2011
Rita Rudell	5.21	Toronto	2010
Jamie Lewis	5.19	Ottawa	2002
Jennifer Kopplin	5.13	York	1987
Alex Morrow	5.14	London	2010
Simone Cowan	5.02	London	1983
Kelly Dinsmore	5.02	York	1990
M. Cowan	5.02	York	1985

Triple Jump

Kelly Dinsmore	12.99	BC	1993
Emily MacLeod	10.81	Kitchener	2010
Jen Cottrill	10.65	Etobicoke	1990
Jamie Lewis	10.60	Ottawa	2002
Kayla Smith	10.59	London	2009
Nina Gruter	10.45	Windsor	1988
Alex Morrow	10.23	London	2011
Carolyn Hodgson	10.06	Toronto	2007
Kayla Smith	9.98	Oshawa	2007
Anna Tadla	9.85	Kitchener	1994

High Jump

Rita Rudell	1.78	Charlottetown	2009
Debbie Pegg	1.70	London	1984
Donalda Duprey	1.63	Toronto	1985
Jen Burgess	1.62	Ottawa	1986
Erika French	1.61	Hamilton	2008
Jen Rolufs	1.60	Sarnia	1999
Carolyn Hodgson	1.58	Toronto	2005
Bev Barrett	1.55	London	1985
Jordan Fawcett	1.55	Toronto	2009
Jen Cottrill	1.55	Toronto	1991
Sheila Fraser	1.45	London	1984
Megan Furnival	1.45	Kincardine	1999
Morgan Taylor	1.45	Kitchener	2003
Tamara Kelly	1.45	Kitchener	2007
Ciara Lark	1.45	Toronto	2011

Pole Vault

Jen Cottrill	2.20		1994
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